

Common Ground: A Secular (non-religious) AA Meeting

Welcome to the 'Common Ground Meeting of Alcoholics Anonymous. This is a secular AA meeting My name is _____ and I'm an alcoholic.

If you care to let's start with 30 seconds of silence followed by the serenity goal:

“ May I have the serenity to accept the things I cannot change, courage to change the things I can and wisdom to know the difference

Let's introduce ourselves by our first names only.

Is there anyone here who is new to Alcoholics Anonymous? Are there any out-of-town visitors? Is anyone celebrating an AA birthday?

AA PREAMBLE: Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

In keeping with A.A. tradition, we do not endorse nor oppose any religion or lack of it. Our only wish is to assure suffering alcoholics can find sobriety in A.A. without having to accept anyone else's beliefs or having to deny their own. We encourage each of you to seek out whatever philosophical, psychological or spiritual path you need to help you to maintain your own sobriety.

Anyone who shares is free to discuss any form of secular or conference approved literature as it relates to their own sobriety. At this meeting we encourage courteous and relevant cross-talk. Please be brief in consideration of others, making sure all who care to have the opportunity to share.

Is there anything someone would like to read?

Does anyone have a topic they would like to discuss?

AT CLOSE: Are there any A.A. or Fellowship related announcements?

For those who would like, please join in closing with the *Anonymity Statement*:

Chair says: Anonymity is the foundation of all our AA Traditions.

Members say: Whom you see here, what you hear here, when you leave here, let it stay here.